

SIMI VALLEY FAMILY YMCA WARM WATER POOL SCHEDULE

August 22nd 2011–June 10th 2012

Updated: 08/17/11

Warm Water Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am-8:00am	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy	<ul style="list-style-type: none"> • Open Therapy • Free Swim (12:00-3:30pm) Pool Closes at 3:30pm
8:00am-9:00am	• Open Therapy • Joint Mobility	• Open Therapy • Joint Mobility	• Open Therapy • Joint Mobility	• Open Therapy • Joint Mobility	• Open Therapy • Joint Mobility	• Open Therapy • Low WET	
9:00am-10:00am	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy	• Open Therapy • Swim Lessons	
10:15am-11:15am	• Low WET	• Low WET	• Low WET	• Low WET	• Low WET	• Lap Swim • Swim Lessons	
11:15am-12:00pm	• Open Therapy • Free Swim	• Open Therapy • Free Swim	• Open Therapy • Free Swim	• Open Therapy • Free Swim	• Open Therapy • Free Swim	• Open Therapy • Swim Lessons	
12:00pm-1:00pm	• Open Therapy • Free Swim	• Open Therapy • Free Swim • Simi P/T	• Open Therapy • Free Swim	• Open Therapy • Free Swim • Simi P/T	• Open Therapy • Free Swim	• Open Therapy • Swim Lessons (End at 12:30)	
1:00pm-2:00pm	• Open Therapy • Genesis P/T	• Open Therapy • Simi P/T	• Open Therapy • Genesis P/T	• Open Therapy • Simi P/T	• Open Therapy	• Open Therapy	
2:00pm-5:00pm	• Open Therapy • Swim Lessons (Start at 2:30pm)	• Open Therapy • Swim Lessons (Start at 2:30pm)	• Open Therapy • Swim Lessons (Start at 2:30pm)	• Open Therapy • Swim Lessons (Start at 2:30pm)	• Free Swim (Starts at 3:00pm)	• Open Therapy • Free Swim	
5:00pm-6:00pm	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy • Free Swim (Ends at 6:15pm)	• Open Therapy • Free Swim • Pool Closes at 5:30pm	
6:00pm-6:30pm	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy • Swim Lessons	• Open Therapy		
6:30pm-7:30pm	• Joint Mobility • Swim Lessons (End at 7:00pm)	• Low WET • Swim Lessons (End at 7:00pm)	• Joint Mobility • Swim Lessons (End at 7:00pm)	• Low WET • Swim Lessons (End at 7:00pm)	• Joint Mobility		
7:30pm-9:30pm	• Open Therapy • Free Swim • Pool Closes at 9:30pm	• Open Therapy • Free Swim • Pool Closes at 9:30pm	• Open Therapy • Free Swim • Pool Closes at 9:30pm	• Open Therapy • Free Swim • Pool Closes at 9:30pm	• Open Therapy • Free Swim • Pool closes at 9:30pm		

- ✓ Children under the age of 8 years old MUST be accompanied in the water with an adult.
- ✓ Schedule subject to change without notice.
- ✓ FREE SWIM for Warm Water Pool- Children and Families are able to free swim in the warm pool ONLY during the following times Monday-Friday: 11:30am-1:30pm & 7:30pm-9:30pm, Fridays only: 3:00pm-6:15pm, Saturday: 2:00-5:30pm. Sunday: 12:00-3:30pm.
- ✓ Children under 8 cannot be left on deck unaccompanied by an adult.

SIMI VALLEY FAMILY YMCA LAP POOL SCHEDULE

August 22nd 2011-June 10th 2012

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Lap Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am-8:00am	<ul style="list-style-type: none"> Lap Swim-2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim WET (6:30am) 	<ul style="list-style-type: none"> Lap Swim – 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim WET (6:30am) 	<ul style="list-style-type: none"> Lap Swim – 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 3 Lanes Free Swim 		
8:00am-9:00am	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET 		
9:00am-10:00am	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET 	<ul style="list-style-type: none"> Lap Swim-2 Lanes WET 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Swim Lessons 		
10:00am-11:00am	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Swim Lessons 		
11:00am-12:00pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East (11:30) 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes ARC 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East (11:30) 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Swim Lessons 	<ul style="list-style-type: none"> Lap Swim- 3 Lanes Free Swim 	
12:00pm-1:00pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Swim Lessons (End at 12:30pm) 	<ul style="list-style-type: none"> Lap Swim- 3 Lanes Free Swim 	
1:00pm-2:00pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East till 1:30 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim ARC East till 1:30 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Free Swim 	<p>Pool Closes at 3:30pm</p>	
2:00pm-3:00pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Swim Lessons (2:30pm) Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Swim Lessons (2:30pm) Home School PE Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Swim Lessons (2:30pm) Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Swim Lessons (2:30pm) Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Swim Lessons (2:30pm) Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Free Swim 	
3:00pm-4:30pm	<ul style="list-style-type: none"> Lap Swim- 1 Lanes Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 1 Lanes Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 1 Lanes Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 1 Lanes Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim- 3 Lanes Free Swim 		
4:30pm-6:30pm	<ul style="list-style-type: none"> Lap Swim- 1 Lane Swim Team Swim Lessons Free Swim (if space is available) 	<ul style="list-style-type: none"> Lap Swim - 1 Lane Swim Team Swim Lessons Free Swim (if space is available) 	<ul style="list-style-type: none"> Lap Swim - 1 Lane Swim Team Swim Lessons Free Swim (if space is available) 	<ul style="list-style-type: none"> Lap Swim - 1 Lane Swim Team Swim Lessons Free Swim (if space is available) 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 	<ul style="list-style-type: none"> Lap Swim-3 Lanes Free Swim Pool Closes at 5:30pm 		
6:30pm-7:30pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim - 2 Lanes WET Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim-2 Lanes WET Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes WET Swim Lessons Free Swim 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim 			
7:30pm-9:30pm	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim Pool Closes at 9:30pm 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim Pool Closes at 9:30pm 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim Pool Closes at 9:30pm 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim Pool Closes at 9:30pm 	<ul style="list-style-type: none"> Lap Swim- 2 Lanes Free Swim Pool Closes at 9:30pm 			

- ✓ Children under the age of 8 years old MUST be accompanied in the water with an adult.
- ✓ Schedule subject to change without notice.
- ✓ From 4:30-7:30pm free swim may be limited due to lack of space.
- ✓ Children under 8 cannot be left on deck unaccompanied by an adult.

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