



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



In Partnership, Girls in Power and  
The Conejo Valley YMCA Present....

**Girls in Power**  
**FREE Workshops**



It's All About **YOU**. Be **REAL**. **BE YOU!**

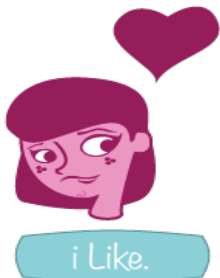


**FREE**  
**Essentials For Life**  
**Skill Building Classes**  
**Products Benefiting Teens**



**STARTING IN FEBRUARY**

- \* Art
- \* Cooking
- \* Dancing
- \* Makeup
- \* Computers
- \* Check Balancing
- \* Fitness



**Women leading workshops!**

**Registration  
Opens  
February 9th**  
[www.girlsinpower.org](http://www.girlsinpower.org)  
**Or Contact  
Meghan Lopez  
at 805.523.7613**

**Girls in Power is Committed to Making "Rockstars" for Life!**



# Girls in Power/Conejo Valley YMCA Enrollment Form

*Staff Use Only*  
*Daxko* \_\_\_\_\_  
*Reg. Date:* \_\_\_\_\_

Teen's First Name: \_\_\_\_\_ Last: \_\_\_\_\_  
 D.O.B: \_\_\_\_\_ Age: \_\_\_\_\_ Current Grade : \_\_\_\_\_ Workshop Day Choice:  Mon.  Tues.  Sat.  
 Mother's First Name: \_\_\_\_\_ Last: \_\_\_\_\_  
 Mother's Cell Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_  
 Father's First Name: \_\_\_\_\_ Last: \_\_\_\_\_  
 Father's Cell Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone #: \_\_\_\_\_ Child Lives With: Mother [  ] Father [  ] Both [  ] Other \_\_\_\_\_  
 Email: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Any Allergies or Special Accommodations that we should know about?: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Girls In Power	Full Member	Program Member	Agues	Dates
<input type="checkbox"/> GIP: Session I	<input type="checkbox"/> FREE!	<input type="checkbox"/> FREE!	8-16	February 27th-June 9th Time: 3:45-7:20pm
<input type="checkbox"/> Program Membership	None	<input type="checkbox"/> \$40 (Paid by GIP)	All	Annual Fee

I am an adult over 18 years of age and wish to participate in Southeast Ventura YMCA (the "YMCA") membership/program activities, and wish my children or legal wards to participate and give them permission to participate in the YMCA activities. As used in this Agreement "children" shall include legal wards and "parent" shall include legal guardian. As a condition to being permitted to utilize the facilities, services, and programs of the YMCA for any purpose, including but not limited to observation or use of the facilities or equipment, or participation in any off-site program affiliated with the YMCA, I, the undersigned, acknowledge, agree, and represent that I have inspected and carefully considered the facilities and programs. I understand that even when every reasonable precaution is taken, accidents can happen. As a condition to participation by me or my children in YMCA activities, on my behalf and on behalf of my children, I waive and release any claims for loss or injury incurred or suffered which I or my children might make against the YMCA, its sponsors, officers, employees, volunteers, or contractors as a result of participating in YMCA activities or using its facilities. I further agree to indemnify the YMCA against and hold it harmless from loss incurred as a result of claims against it based upon alleged actions or omissions by me or my children. I have read this authorization, waiver, and release, understand it, and am voluntarily signing it.

- I understand that the Southeast Ventura County YMCA is not responsible for personal property lost, damaged, or stolen while members and / or program participants are using YMCA facilities, on YMCA premises, or involved in YMCA programs.
- I give my permission to the Southeast Ventura County YMCA to use without limitation or obligation, photographs, film footage, or tape recordings which may include myself or my children's image or voice for the purpose of promotion or interpreting YMCA programs.



Parent's Name: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Place in Meghan's Box